

# Jonna's story



Jonna never gave up hope of finding answers or relief. Now, she's determined to use her experience with gastroparesis to make a positive impact for others.

**Jonna**, Enterra<sup>™</sup> Therapy patient, New Jersey, United States

## From symptoms to diagnosis

In January 2015, Jonna got sick. She came down with several viruses simultaneously—including influenza, bronchitis, and pneumonia.

So when she began vomiting repeatedly the next month, she thought it was a complication of her recent illness.

But when her symptoms didn't end, she knew something more serious was happening. After a few months, Jonna sought out a gastroenterologist—and was diagnosed with gastroparesis.

Her gastroenterologist put her on several medications, including erythromycin and Reglan<sup>®</sup>, but they didn't alleviate her symptoms. In fact, they caused entirely new, intolerable side effects.

Jonna then tried a very strict diet—losing twenty pounds during the five-week process. But when her diet modifications didn't help, she moved to alternative methods of receiving nutrition, receiving multiple NJ tubes, a GJ tube, and TPN over the course of several months.

Jonna says that while her gastroenterologist did the best she could, she just didn't have the resources to treat severe gastroparesis patients and referred Jonna on to additional motility specialists.

## Discovering Enterra Therapy

By early 2016, Jonna's mother had found a new gastroenterologist—one at a renowned hospital familiar with treating gastroparesis. Even though it meant making a ten-hour drive from New Jersey to Ohio every couple of months, Jonna and her mother were determined to find relief and turn Jonna's life around.

“Now, I'm living a life I couldn't even envision before Enterra.”



In 2017, under the advice of her new gastroenterologist, Jonna received Enterra Therapy. Within six months of her procedure, she went from being able to eat nothing at all to enjoying most foods. She started out slowly, first eating crackers, and could tolerate more and more foods over time. Although it was a long journey, Jonna fondly remembers the first time she was able to eat without nausea or vomiting.

## Life with Enterra Therapy

Today, although there are still some days where she struggles with gastroparesis, Jonna is living a life she says she could not have even envisioned before receiving Enterra Therapy.

She's currently a student at Cornell University, studying Applied Economics and Management at the Dyson School of Business. After graduation, Jonna plans to use her education and personal experience to continue managing her non-profit organization for children with rare diseases, many of whom have gastroparesis.

Jonna says her family has always inspired her to be a positive person—encouraging her to move forward even when things are tough. Now, more than ever, she feels empowered to use her journey and experience to make a positive impact for others.

In addition to Jonna's full life, she's proud to spend time connecting with and mentoring other gastroparesis patients because of the "incredible, life-changing difference" that Enterra Therapy has made in her life.

Jonna's experience is unique to her and individual results may vary.

### Important Safety Information

Enterra Therapy for treatment of chronic, resistant to medication nausea and vomiting associated with gastroparesis caused by diabetes or an unknown origin in patients aged 18 to 70 years: patients should always discuss potential risks and benefits of the device with their physician.

**Indications for Use:** The Enterra Therapy System for gastric electrical stimulation is indicated for use in the treatment of chronic, intractable (drug refractory) nausea and vomiting associated with gastroparesis caused by diabetes or an unknown origin in patients aged 18 to 70 years.

**Contraindications:** The Enterra Therapy System is not intended for patients whom the physician determines are not candidates for surgical procedures and/or anesthesia due to physical or mental health conditions. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an Enterra device. Patients with Enterra should not have magnetic resonance imaging (MRI).

**Warnings/Precautions/Adverse Events:** This system has not been evaluated for pregnant women, for use in patients under the age of 18, or patients over the age of 70. The system may be affected by or adversely affect cardiac devices. Strong sources of electromagnetic interference (EMI) such as from electrocautery, defibrillation/ cardioversion, therapeutic ultrasound, radiofrequency (RF)/microwave ablation, or MRI, can result in serious injury, system damage, or operational changes to the system. EMI, postural changes, or other activities may cause shocking or jolting sensations. Patients on anticoagulation therapy may be at a greater risk for post-operative complications. The use of non-Medtronic components with this system may result in damage to Medtronic components, loss of therapy, or patient injury. There is the possibility of an allergic or immune system response to the implanted materials. When possible, a physician is to identify and treat any infections prior to surgery. Infections at the implant site almost always require the surgical removal of the implanted system. The lead can become entangled with the bowel or perforate your stomach and cause life-threatening blockage or infections that require immediate medical attention and may require surgery. Patients should avoid activities that may put undue stress on the implanted system components (activities that include sudden, excessive, or repetitive bending, twisting, bouncing, or stretching that can cause component fracture or dislodgement). Adverse events related to the therapy, device, or procedure can include: infection, pain at the surgery site, device components may wear through the skin, bruising at the neurostimulator site, bleeding, loss of therapeutic effect, undesirable change in stimulation (described as a jolting, shocking, or burning sensation), gastrointestinal symptoms and gastrointestinal complications (in that the lead may perforate your stomach or device components may become entangled with or obstruct other internal organs, requiring surgery). The system could stop because of battery depletion or mechanical or electrical problems. Any of these situations may require additional surgery or cause your symptoms to return.

**Humanitarian Device:** Authorized by Federal law for use in the treatment of chronic intractable (drug refractory) nausea and vomiting secondary to gastroparesis of diabetic or idiopathic etiology in patients aged 18 to 70 years. The effectiveness of this device for this use has not been demonstrated.

For further information, please contact Enterra Medical at [info@enterramedical.com](mailto:info@enterramedical.com).  
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