



FOR GASTROPARESIS PATIENT AMBASSADORS

How to use this social media post:

Thank you for helping to raise awareness during Gastroparesis Awareness Month! Below is a ready-to-use social media post that you can copy and paste directly into your social media channels (Facebook, Instagram, LinkedIn, etc.).

Every post helps to increase awareness, educate others about gastroparesis, and show support for the community. Thank you for being part of this important effort!

Post:

August is Gastroparesis (GP) Awareness Month—a time to raise awareness, share our stories, and remind one another that no one has to face this journey alone.

Living with gastroparesis hasn't always been easy, but one of the most meaningful things I've found is the support of others who truly understand. That's why I chose to become a Patient Ambassador—to share my experience, answer questions, and help others feel a little less alone.

If you are living with gastroparesis, please know that your story matters, your symptoms are real, and there is a community here to support you.

I am excited to continue raising awareness and fostering understanding this month and beyond.

Suggested Hashtags:

#GastroparesisAwarenessMonth #Gastroparesis #Nausea #Vomiting #Advocacy #YouAreNotAlone
#Support #GPWarriors #Ambassador